

What is modeling in nursing? What are examples of data needed by the nurse in the modeling process? How can the Sunrise Enabler model assist nurses to provide culturally congruent care?

Modeling refers to the process where nursing professionals seek to know and understand the personal worldview or model of a patient and learn ways to respect its value. It aids in acknowledging that each is unique and sees the world based on their own perspectives and experiences.

According to Koren (2017), nurses need data to implement the modelling framework. Most of them use experiences to create images that reflect the worldviews of a patient. If a nurse her worked with support groups, they can use their experience and knowledge to support a person who wants to overcome substance addiction and alcoholism.

Others use self-care information to inform modelling practices. As a result, they are able to help tired patients take rest and overcome burnout and stress. These example sources of modelling data are applied in the real nursing world to deliver care premised on patient viewpoints and culture.

The Sunrise enabler framework enables nursing practitioners to extend their understanding and use their discoveries when serving patients from diverse backgrounds. With this model, these professionals gain critical and complex thoughts, which they apply to integrate cultural and social structure dimensions into the care delivery process.

Reference

Koren, M. E. (2017). Mindfulness interventions for nursing students: Application of modeling and role modeling theory. *International Journal of Caring Sciences*, 10(3), 1710 - 1716.